

## ON-LINE SELF STUDY EXAM FORM

**In order to receive CE credit, each participant is required to:**

**Read** the related continuing education article.

**Complete the exam** by circling the chosen answer for each question. Be sure to answer all questions and to give only one response per question unless otherwise stated in the question. Unanswered questions will be marked as incorrect.

**Complete the evaluation form.**

**Mail or fax** the original or a photocopy of the signed exam page and the completed evaluation form for each article that credit is requested for, along with a \$25.00 fee to: American Psychotherapy Association, Attn: CE Department, 2750 East Sunshine, Springfield, MO 65804 OR Fax to: 417-823-9959.

If the exam is passed with a grade of 70 percent or above, a certificate of completion for 1.0 continuing education credit will be mailed. The participants that do not pass the exam are notified as such and will have a second opportunity to complete the exam. Any questions, grievances or comments can be directed to the CE Department at telephone (417) 823-0173, Fax (417) 823-9959, or email: [cedept@americanpsychotherapy.com](mailto:cedept@americanpsychotherapy.com).

*Continuing education credits for participation in this activity may not apply toward license renewal in all states. It is the responsibility of each participant to verify the requirements of his/her state licensing board(s).*

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Article: **“A Brief Summary of Assessment and Treatment Issues for Compulsive Online Sexual Activity”**

Learning objectives: After studying this article, the reader should be able to:

1. Understand the similarities and differences between sexual compulsivity and sexual addictions.
2. Comprehend the characteristics of sexual compulsivity acted out on the Internet.
3. Recognize the fundamental of screening for sexual compulsivity acted out on the Internet
4. Understand the fundamental treatment components of sexual compulsivity.

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**Exam: Please circle the chosen answer for each question. Be sure to answer all questions and give only one response per question unless otherwise stated in the question.**

1. Compulsive sexual activities online differ from other addictions because:
  - a. They are tolerated.
  - b. They are anonymous.
  - c. They are usually illegal.
  - d. All of the above.
2. Sexually compelling behaviors are:
  - a. Often secret or hidden.
  - b. Are easily reinforced.
  - c. Produce guilt and shame.
  - d. All of the above.
3. Paraphilia-related disorders are:
  - a. Associated with HIV
  - b. Often illegal.
  - c. Are not illegal.
  - d. None of the above.
4. In assessing sexual compulsivity, it is wise to also assess for:
  - a. Depression and anxiety.
  - b. Substance abuse.
  - c. Sexual abuse.
  - d. All of the above.
5. The assessment process:
  - a. Is easily accomplished in one session.
  - b. May take many months.
  - c. Must consider risk for suicidality
  - d. All of the above.

6. The first order of business for the client and therapist is:
  - a. Calling the spouse or family.
  - b. Reveling all the secrets
  - c. Containing the sexual acting out.
  - d. All of the above.
  
7. A spouse or partner of a sexually compulsive person:
  - a. Is rarely affected by the behavior.
  - b. Is deeply affected by the behavior.
  - c. Should not be included in the evaluation.
  - d. Is the cause of the behavior.
  
8. Treatment for compelling sexual behaviors is:
  - a. Multi-modal.
  - b. Needs to be creative and flexible.
  - c. Dependent upon many variables.
  - d. All of the above

**Evaluation: (1-3 rating section) Please circle one**

(1=Poor 2=Satisfactory 3= Excellent)

1. The author presented material clearly. 1 2 3
2. The stated learning objectives were met. 1 2 3
3. New knowledge or technique was gained. 1 2 3

**Comment section:**

4. What change(s) do you plan to make in your practice as a result of reading this article? \_\_\_\_\_

Statement of completion: I attest to having completed the CE activity myself.

\_\_\_\_\_  
Signature Date

Name: \_\_\_\_\_

Fax number: \_\_\_\_\_ Phone number: \_\_\_\_\_

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