

ON-LINE SELF STUDY EXAM FORM

In order to receive CE credit, each participant is required to:

Read the related continuing education article.

Complete the exam by circling the chosen answer for each question. Be sure to answer all questions and to give only one response per question unless otherwise stated in the question. Unanswered questions will be marked as incorrect.

Complete the evaluation form.

Mail or fax the original or a photocopy of the signed exam page and the completed evaluation form for each article that credit is requested for, along with a \$25.00 fee to:

American Psychotherapy Association
Attn: CE Department
2750 East Sunshine
Springfield, MO 65804.

OR Fax to: 417-823-9959

If the exam is passed with a grade of 70 percent or above, a certificate of completion for 1.0 continuing education credit will be mailed. The participants that do not pass the exam are notified as such and will have a second opportunity to complete the exam. Any questions, grievances or comments can be directed to the CE Department at telephone (417) 823-0173, Fax (417) 823-9959, or email: cedept@americanpsychotherapy.com.

Continuing education credits for participation in this activity may not apply toward license renewal in all states. It is the responsibility of each participant to verify the requirements of his/her state licensing board(s).

Article: **“Psychotherapeutic Assessment and Treatment of Narcissistic Personality Disorder”**

Learning objectives:

1. Increase knowledge and understanding of key issues in the diagnosis and assessment of Narcissistic Personality Disorder (NPD).
2. Highlight the importance of recognizing transference and countertransference when treating a client with Narcissistic Personality Disorder (NPD) and illustrating a proper therapeutic response.
3. Provide therapeutic guidelines for working with clients with Narcissistic Personality Disorder (NPD).
4. Illustrate the use of highly effective therapeutic techniques in the treatment of Narcissistic Personality Disorder (NPD) through a clinical case example.

Exam: Please circle the chosen answer for each question. Be sure to answer all questions and give only one response per question unless otherwise stated in the question.

1. Narcissistic Personality Disorder (NPD) is one of the most difficult clinical disorders to effectively treat:
 - a. True
 - b. False
2. The DSM-IV criteria for Narcissistic Personality Disorder (NPD) include all of the following except:
 - a. Grandiose sense of self-importance.
 - b. A preoccupation with fantasies of success, power, beauty or brilliance.
 - c. Frequent panic attacks associated with a deflated sense of self.
 - d. A belief that he/she is special and unique.
 - e. A need for excessive admiration.
3. A higher prevalence of Narcissistic Personality Disorder (NPD) exists among women than men, with approximately 75 percent of the cases being women:
 - a. True
 - b. False
4. Therapeutic guidelines to be utilized when working with NPD clients include all of the following except:
 - a. Modeling of acceptance and tolerance of human imperfection(s).
 - b. Helping them build internally generated self-acceptance.
 - c. Pointing out their blemishes and imperfections and focusing on improving inherent weaknesses.
 - d. Helping clients gain awareness of, and honesty toward, the nature of their needs.

5. One of the major underlying psychological factors linked to NPD is:
- a. Overachieving in school/work.
 - b. Childhood sexual and/or physical abuse.
 - c. Internally incorporated shame, worthlessness, and failure.
 - d. A higher than average quantity of testosterone and other natural hormones.
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Evaluation: (1-3 rating section) Please circle one

(1=Poor 2=Satisfactory 3= Excellent)

- 1. The author presented material clearly. 1 2 3
- 2. The stated learning objectives were met. 1 2 3
- 3. New knowledge or technique was gained. 1 2 3

Comment section:

4. What change(s) do you plan to make in your practice as a result of reading this article? _____

5. Additional comments: _____

Statement of completion: I attest to having completed the CE activity myself.

Signature Date

Name: _____

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