

ON-LINE SELF STUDY EXAM FORM

In order to receive CE credit, each participant is required to:

Read the related continuing education article.

Complete the exam by circling the chosen answer for each question. Be sure to answer all questions and to give only one response per question unless otherwise stated in the question. Unanswered questions will be marked as incorrect.

Complete the evaluation form.

Mail or fax the original or a photocopy of the signed exam page and the completed evaluation form for each article that credit is requested for, along with a \$25.00 fee to:

American Psychotherapy Association
Attn: CE Department
2750 East Sunshine
Springfield, MO 65804.

OR Fax to: 417-823-9959

If the exam is passed with a grade of 70 percent or above, a certificate of completion for 1.0 continuing education credit will be mailed. The participants that do not pass the exam are notified as such and will have a second opportunity to complete the exam. Any questions, grievances or comments can be directed to the CE Department at telephone (417) 823-0173, Fax (417) 823-9959, or email: cedept@americanpsychotherapy.com.

Continuing education credits for participation in this activity may not apply toward license renewal in all states. It is the responsibility of each participant to verify the requirements of his/her state licensing board(s).

Article: **“Primer for Prescription Medicines-The Mood Stabilizers”**

Learning objectives:

1. Know what medicines are most appropriate for treating Bipolar Disorder.
2. Know the side effects of each family of the medicines.
3. Know general dose ranges for many of these medications.
4. Describe likely side effects of these medicines.

Exam: Please circle the chosen answer for each question. Be sure to answer all questions and give only one response per question unless otherwise stated in the question.

1. “F.D.A.” stands for:
 - a. Federal Drug Agency
 - b. Food and Drug Administration
 - c. First Drug Administration
 - d. None of the above
2. The medicine below which is approved by the F.D.A for use in Bipolar Disorder is:
 - a. Carbamazepine (Tegretol)
 - b. Lithium (Eskalith, Lithobid)
 - c. Verapamil (Calan)
 - d. All of the above
3. Lithium’s effect on mania was first reported in the medical literature in the:
 - a. 1870s
 - b. 1880s
 - c. 1970s
 - d. 1980s
4. Carbamazepine (Tegretol) has the property of:
 - a. Treating acute depression as well as acute mania.
 - b. Causing patients few or no side effects.
 - c. Inducing its own metabolism.
 - d. All of the above.

5. One of lithium's main dangers is:
- a. Its induction of a tremor.
 - b. Its effect on the liver.
 - c. Its systemic toxic effects.
 - d. All of the above.
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Evaluation: (1-3 rating section) Please circle one

(1=Poor 2=Satisfactory 3= Excellent)

- 1. The author presented material clearly. 1 2 3
- 2. The stated learning objectives were met. 1 2 3
- 3. New knowledge or technique was gained. 1 2 3

Comment section:

4. What change(s) do you plan to make in your practice as a result of reading this article? _____

5. Additional comments: _____

Statement of completion: I attest to having completed the CE activity myself.

Signature Date

Name: _____

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