

ON-LINE SELF STUDY EXAM FORM

In order to receive CE credit, each participant is required to:

Read the related continuing education article.

Complete the exam by circling the chosen answer for each question. Be sure to answer all questions and to give only one response per question unless otherwise stated in the question. Unanswered questions will be marked as incorrect.

Complete the evaluation form.

Mail or fax the original or a photocopy of the signed exam page and the completed evaluation form for each article that credit is requested for, along with a \$25.00 fee to:

American Psychotherapy Association
Attn: CE Department
2750 East Sunshine
Springfield, MO 65804.

OR Fax to: 417-823-9959

If the exam is passed with a grade of 70 percent or above, a certificate of completion for 1.0 continuing education credit will be mailed. The participants that do not pass the exam are notified as such and will have a second opportunity to complete the exam. Any questions, grievances or comments can be directed to the CE Department at telephone (417) 823-0173, Fax (417) 823-9959, or email: cedept@americanpsychotherapy.com.

Continuing education credits for participation in this activity may not apply toward license renewal in all states. It is the responsibility of each participant to verify the requirements of his/her state licensing board(s).

Article: **“Employee Assistance Programs: Some Background and Employment Opportunities”**

Learning objectives:

1. Understand the evolution of EAP Programs.
2. Understand an EAP model of delivering mental health services.
3. Know where to find information on the web regarding certification as an EAP provider.
4. Understand how to become a part of EAP panels for various sized companies.

Exam: Please circle the chosen answer for each question. Be sure to answer all questions and give only one response per question unless otherwise stated in the question.

1. True or False: EAP services typically are limited to mental health services in most companies.
 - a. True
 - b. False.
 2. Historically, one of the biggest inhibitors to the utilization of EAPs by employees is:
 - a. They were considered predominantly alcohol treatment programs.
 - b. There were problems with confidentiality.
 - c. Employees had to pay higher insurance premiums to join EAPs.
 - d. There was a lack of providers available to provide services.
 3. True or False: The mental health component of the EAP model is meant to be a short-term counseling experience.
 - a. True
 - b. False
 4. True or False: All companies require that mental health practitioners who want to contract to provide EAP services must be certified EAP providers.
 - a. True
 - b. False
 5. True or False: Becoming an EAP provider would require the typical mental health professional to undertake significant retraining.
 - a. True
 - b. False
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Evaluation: (1-3 rating section) Please circle one

(1=Poor 2=Satisfactory 3= Excellent)

1. The author presented material clearly. 1 2 3
2. The stated learning objectives were met. 1 2 3
3. New knowledge or technique was gained. 1 2 3

Comment section:

4. What change(s) do you plan to make in your practice as a result of reading this article? _____

5. Additional comments: _____

Statement of completion: I attest to having completed the CE activity myself.

Signature

Date

Name: _____

Fax number: _____ Phone number: _____

Address: _____

Email: _____

Method of Payment:

Each completed course is \$25 for APA members and \$35 for non-members.

Credit Card (select one) American Express MasterCard Visa

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